

NEXT STEPS:

You can expect a call from a service coordinator at your local health department within the next seven business days.

WHAT IS HOME VISITING?

Home visiting programs are free services for parents that take place in the comfort of their own home. These programs help parents bond with their kids.

The home where a child grows, lives and learns is important to healthy development. Supportive, home-based services help parents get what they need to keep their family healthy. They also help kids to live up to their potential.

SERVICES WE CAN HELP CONNECT YOU WITH

HEALTH

- Vaccinations
- Vision and Hearing Screening
- Health Care/Insurance
- Dental Services
- Mental Health Services

FAMILY

- Family Planning
- Great Start Parent Coalitions
- Early On Services
- Parenting Classes
- Playgroups
- Parent Support Groups

SUPPORT

- Food Assistance
- Financial Supports
- Housing
- Childcare
- Substance Use Recovery
- Preschool/School Resources
- GED Services
- Transportation
- Legal Services
- Smoking Cessation
- Personal Resources (Diaper, wipes, formula etc.)

Some services may not be available in all areas, your home visitor will help you navigate in your area.

PROGRAMS AVAILABLE IN THE U.P.



MATERNAL INFANT HEALTH PROGRAM (MIHP)

MIHP provides nurses and social workers to help connect you with your doctor and other service providers in your community. Pregnant women and infants up to 1 year old, with Medicaid insurance, are eligible.



HEALTHY FAMILIES UP (HFA UP)

HFA UP promotes positive parenting, independence, and school readiness. Families have to be enrolled before their child turns three months old. Once enrolled, they can take part until the child turns five years old.



PARENTS AS TEACHERS (PAT)

PAT promotes the best early development, learning, and health of young kids by supporting parents. They focus on giving parents tools to succeed. It is a program for families with pregnant women, infants, and toddlers up to age 4.



EARLY HEAD START (EHS)

EHS provides support during pregnancy, activities for parents and kids, parenting tips, and in-home health and nutrition support. It is a program for income-eligible families with pregnant women, infants and toddlers up to age 3.



FAMILY SPIRIT

Family Spirit was designed specifically for Native American Families. Native American families that include pregnant women and kids age 3 and under may be eligible to take part.

WHAT IS WIC?

WIC is the Special Supplemental Nutrition Program for Women, Infants and Children. Nurses and dietitians provide nutrition tips and health assessments. Families receive food benefits. Lactation consultants will also help coach women who are nursing. WIC is for pregnant and breastfeeding women, women with new babies (up to 6 months), infants from birth to 12 months, and children from 1 to 5 years.

WHO CAN GET WIC?



Residents of the State of Michigan

Meet Income Requirements*



**at or below 185% of Federal Poverty Income Guidelines, on Medicaid, or on food assistance. Guidelines change regularly so contact your local WIC office for help.*



REQUIRED SECTION

Parent/Guardian's Name:	Parent/Guardian's Date of Birth:
Child's Name:	Due Date/Child's Date of Birth:
Address: City: _____ State: _____ Zip: _____ Please check the patient's preferred method of contact <input type="checkbox"/> Phone: _____ <input type="checkbox"/> Text: _____ <input type="checkbox"/> Email: _____	Is the patient a first time parent? <input type="checkbox"/> YES or <input type="checkbox"/> NO Is the parent or child a Tribal Member or person of American Indian/Alaska Native decent? <input type="checkbox"/> YES or <input type="checkbox"/> NO
Check any home visiting programs in which the patient is currently enrolled . <input type="checkbox"/> Maternal Infant Health Program (MIHP) <input type="checkbox"/> Early Head Start <input type="checkbox"/> Healthy Families UP <input type="checkbox"/> Parents as Teachers <input type="checkbox"/> Family Spirit <input type="checkbox"/> Other (please specify): _____	Currently enrolled in WIC? <input type="checkbox"/> YES or <input type="checkbox"/> NO Current Health Insurance Coverage? <input type="checkbox"/> Medicaid <input type="checkbox"/> Private <input type="checkbox"/> None
<u>Notes and Special Instructions:</u> 	

OPTIONAL SECTION

<u>Infant/Child</u> Birth Length _____ cm. Birth Weight: _____ gm. Head Circumference: _____ in Current Height _____ cm. Current Weight: _____ gm. Date taken: _____ Hemoglobin: _____ Date Taken: _____ Weeks Gestation: _____
<u>Pregnant/Postpartum Women</u> Height: _____ cm. Weight: _____ gm. Date taken: _____ Breastfeeding (or planning to): <input type="checkbox"/> YES or <input type="checkbox"/> NO Hemoglobin: _____ Date taken: _____ Date of 1st Prenatal visit: _____ Pre-Pregnancy Weight: _____ gm. Weight at Last Prenatal Visit: _____ gm.

SIGNATURES

I understand that this information may be shared with agencies who provide home visiting services, as well as my local Health Department WIC office, so they can contact me with information to help connect me to local services. Signing this form does not guarantee services. I understand that not all services may be available in my area.	
Parent/Guardian Signature: _____	Date: _____
Referring organization/agency: _____	
Referring Agency Signature: _____	Date: _____

Referring Agency Instructions

Submit this referral form to the services coordination hub serving your county.

Marquette County:

Please fax or securely email completed form to:

Marquette County Health Department
Attn: Maternal Child Coordinator
Fax: 906-475-4435
Email: tgustafson@mqtco.org
Phone: 906-315-2631

Alger, Delta, Dickinson, Iron, Luce, Mackinac, Menominee, and Schoolcraft Counties:

Please fax or securely email completed form to:

LMAS District Health Department
Attn: MIHP Coordinator
Fax: 906-341-5230
Email: lespinoza@lmasdhd.org
Phone: 906-324-6951 x125

Baraga, Gogebic, Houghton, Keweenaw, and Ontonagon Counties:

Please fax or securely email completed form to:

Western UP Health Department
Attn: MIHP Coordinator
Fax: 906-487-7799
Email: cdigiorgio@wuphd.org
Phone: 906-482-7382

Chippewa County:

Please fax or securely email completed form to:

Chippewa County Health Department
Attn: MIHP Coordinator
Fax: (906) 635-7081
Email: czimmerman@chippewahd.com
Phone: (906) 635-3577