

August is National **BREASTFEEDING MONTH**

Our Program

Babies who are breastfed at least 6 months experience better lifelong health. But breastfeeding comes with challenges for working parents. Workplace challenges are one of the main reasons why parents don't start breastfeeding or stop too early.

The Michigan Physical Activity and Nutrition (PAN) Unit implements policy, systems, and environmental changes that support breastfeeding, especially for working parents.

Our Efforts

The PAN Unit and our partners make breastfeeding support accessible to Michigan's diverse populations to help maintain a healthy weight and eliminate health disparities. Together, we work to ensure that breastfeeding parents get the support they need to start and continue breastfeeding for at least 6 months.

Our Partners

Michigan Breastfeeding Network (MIBFN) - provides training, tools, and resources to chest/breastfeeding families and employers.

Collective, LLC - provides access to a community-driven referral network of hospitals and community-based chest/breastfeeding families and supporters.

Wrapped in Love Doula and Lactation Services - provides support and tailored services to families in their birth journey.



Learn more at:

MI PAN Program

Michigan Breastfeeding Network

Collective, LLC

Wrapped in Love